RCPCH Epilepsy Quality Improvement Programme August 2021 – April 2022

Improving patient engagement

Doncaster and Bassetlaw NHS Foundation Trust

RCPCH Epilepsy Quality Improvement Programme project team:

Dr Suhail Habib, Consultant Paediatrician with Special Interest in Epilepsy

Dr Vivek Desai, Consultant Paediatrician with Special Interest in Epilepsy

Dr Bhupendra Singh, Consultant Paediatrician with Special Interest in Epilepsy

John Monaghan, Epilepsy Specialist Nurse

Carys Amies, Epilepsy Specialist Nurse

Deborah Gregory, Admin Support for Epilepsy

Dr Lavanya Nagarajan, Speciality Doctor Community Paediatrics

Natalie Yaw, Link Epilepsy Nurse on acute admissions ward

Alice Daniel, Link Epilepsy Nurse on acute admissions ward

Natasha Lloyd, Link Dietician for children's epilepsy service

Dr Sadaf Ahsan, Paediatric trainee

National audit results included within this case study acts as a guide only to performance standards. The service improvements made during the EQIP cannot be entirely attributed to the reported results in the Epilepsyl2.



Project aim

By March 2022, 70% of children aged 11-19 years old with epilepsy will have digital feedback forms offered in clinics (consultant and nurse led) and on acute wards.

Background

Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust (DBTH) is one of Yorkshire's leading acute Trusts, serving a population of more than 420,000 across South Yorkshire, North Nottinghamshire, and the surrounding areas. Their children's epilepsy service currently provides care to 200–300 diagnosed patients with epilepsy and six appointments per week for new or suspected epilepsy patients.

Area of focus

The team previously participated in and successfully completed the pilot EQIP wave, which they felt was a fantastic experience, but above all, it immensely uplifted service delivery and patient experience. Focusing on sustainable quality improvement, as a team, they aim to accomplish the following objectives in the new EQIP collaborative: progress in patient satisfaction and care, teaching and training of staff, linking, and networking.



Changes

- Sept 21: Asked patients (11-19 years old) whether they would like to have a digital feedback form about epilepsy services or direct engagement by asking yes or no questions.
- Patients were asked open questions at the end of consultations on what and how they would like to give feedback about the epilepsy services at Doncaster and Bassetlaw NHS Foundation Trust.
- Development of a digital feedback loop.
- Dec 21: The team asked their patients open questions at the end of consultation concerning what and how they would like to give feedback about epilepsy services at Doncaster and Bassetlaw NHS Foundation Trust. The comments and views of patients were listed for group discussion in order to develop a tool that can represent the pool of views expressed by patients. With the suggestions and agreement of the team, the questions have been formatted into a questionnaire with only four questions:
 - o How do you feel about the visit to the clinic today?
 - o Do you have information on how to seek support for mental health issues like stress or anxiety?
 - What are the views about virtual epilepsy follow-up clinics organised jointly with doctors and nurses?
 - o What do you know or feel about the transition to adult medical care?

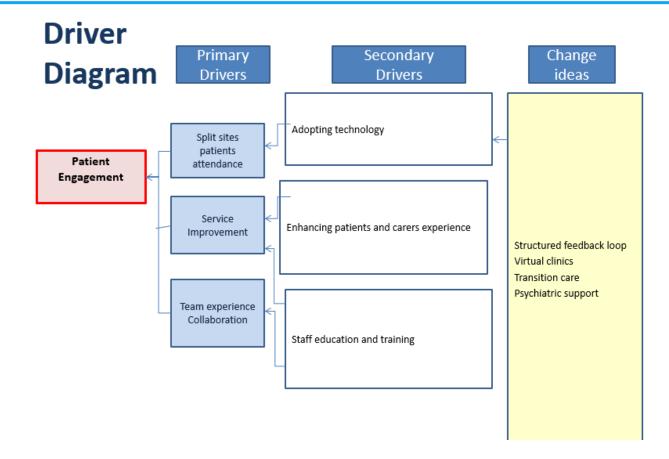


Changes

Service staff were asked the following questions:

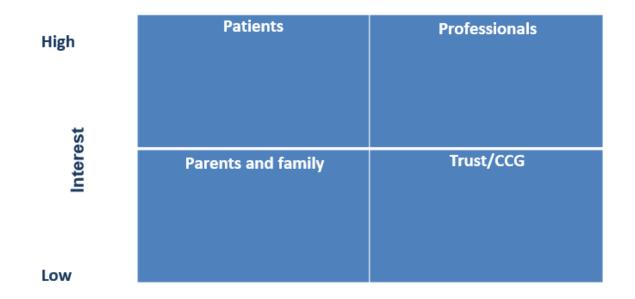
- What are the views about virtual epilepsy follow-up clinics organised jointly with doctors and nurses?
 - Trust epilepsy specialist nurses are employed by a separate community Trust, which causes difficulties in communication. If the team can engage patients and develop a virtual clinic for follow-up patients with both the medical and nursing teams in attendance, that would certainly improve collaboration and patient care.
- What do you know or feel about the transition to adult medical care?
 - o It is good to begin talking about transition at an early stage, which will help the service tailor the transition plan individually, improving flexibility for patients.
- The questionnaire was linked to a QR code and data gathered on the MS Forms platform, and the team obtained support from Trust QI.
- Additionally, the team used clinic chats, paper-based questions, QR codes, and email links.







Stakeholder Map



Low Influence High



Results

- Sept 21: 4 patients were asked: 2 in consultant clinics, 1 in a nurse clinic, and 1 on the ward. All the patients would like to participate; the idea of electronic or digital forms is considered more user-friendly.
- Nov 21: 7 patients aged 11–15 years were spoken to informally at the end of the clinic. They would like to participate in feedback and talk about different aspects of care, including transition, mental health support, and the involvement of technology, particularly expanding distant access to the service, and suggested a continuous digital feedback platform.
- Dec 21: Engaged a good number of patients.
- Clarification on the project's aims is a lot clearer.
- Jan/Feb 22: 49 responses received between Jan/Feb 2022 from QR codes and email links.
- 41/49 ranked the service "very good" and 8 "good".
- The majority were extremely satisfied with the information given by consultants and ESN.
- 15/49 required more information about psychological support.
- Regarding views on a virtual clinic, surprisingly for the team, 24/49 patients responded they would rather have face-to-face appointments.
- 37/49 were feeling more worried about the transition to adult services.

Challenges

- Working across two geographical areas within the same service or Trust.
- Epilepsy nurses work for the community Trust.
- Clarity on aim and objectives.
- Interpretation of results and implementation of changes.
- COVID-19 pandemic.
- Lack of a structured feedback loop from patients and families.
- Effective engagement of patients and families.
- Streamlining transition care.



Outcomes

- Established user-friendly and easy-to-analyse data tools for effective patient engagement.
- Cross-site working has become more organised.
- Team education and training on QI have increased, and the EQIP training days have given more confidence to team members.
- The team gained increased confidence in the delivery of service with the engagement of patients and their families.
- Beyond the EQIP, the team plans to implement improvement interventions in areas such as the transition care pathway and streamlining first-fit clinics.



Lessons learnt

- Feedback from patients on the idea of introducing virtual clinics was not preferable in comparison to in-person clinics, debunking team assumptions.
- Psychiatric support from mental health services is challenging.
- Recourse allocation for transition care.
- Wider collaboration with epilepsy teams from across the UK on the EQIP has been useful.
- Focus on simple changes to increase patients involvement.
- This programme helped the service team identify the strengths and weaknesses of the teams and the delivery of the service.

Visual presentation of team project intervention

Team poster

Team video presentation





https://eqip.rcpch.ac.uk

eqip@rcpch.ac.uk



