



# South Yorkshire Children & Young People's Alliance



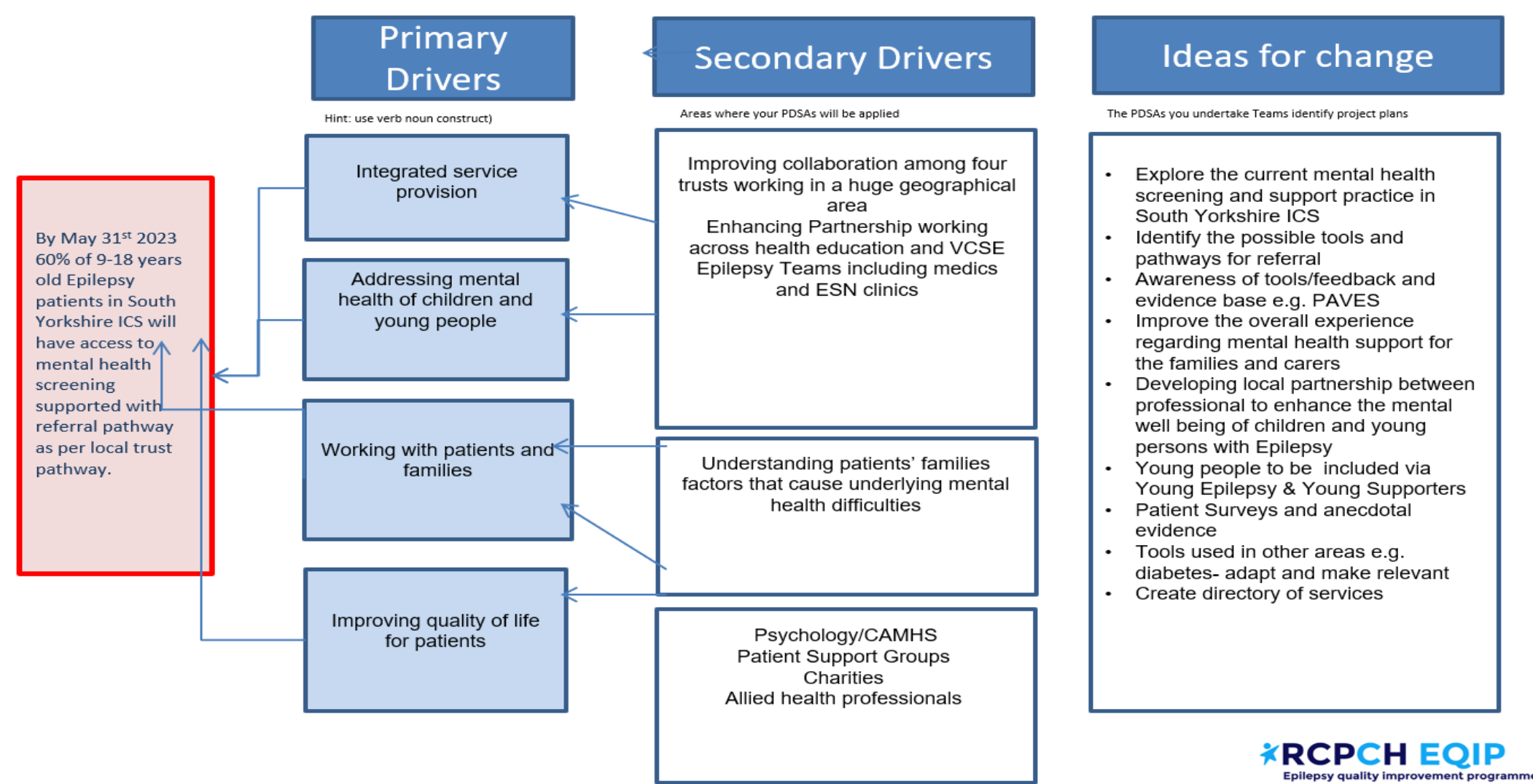
## Aim/purpose:

By May 31<sup>st</sup>, 2023, 60% of 9-18 years old Epilepsy patients in South Yorkshire ICS will have access to mental health screening supported with referral pathway as per local trust pathway.

## What is the problem:

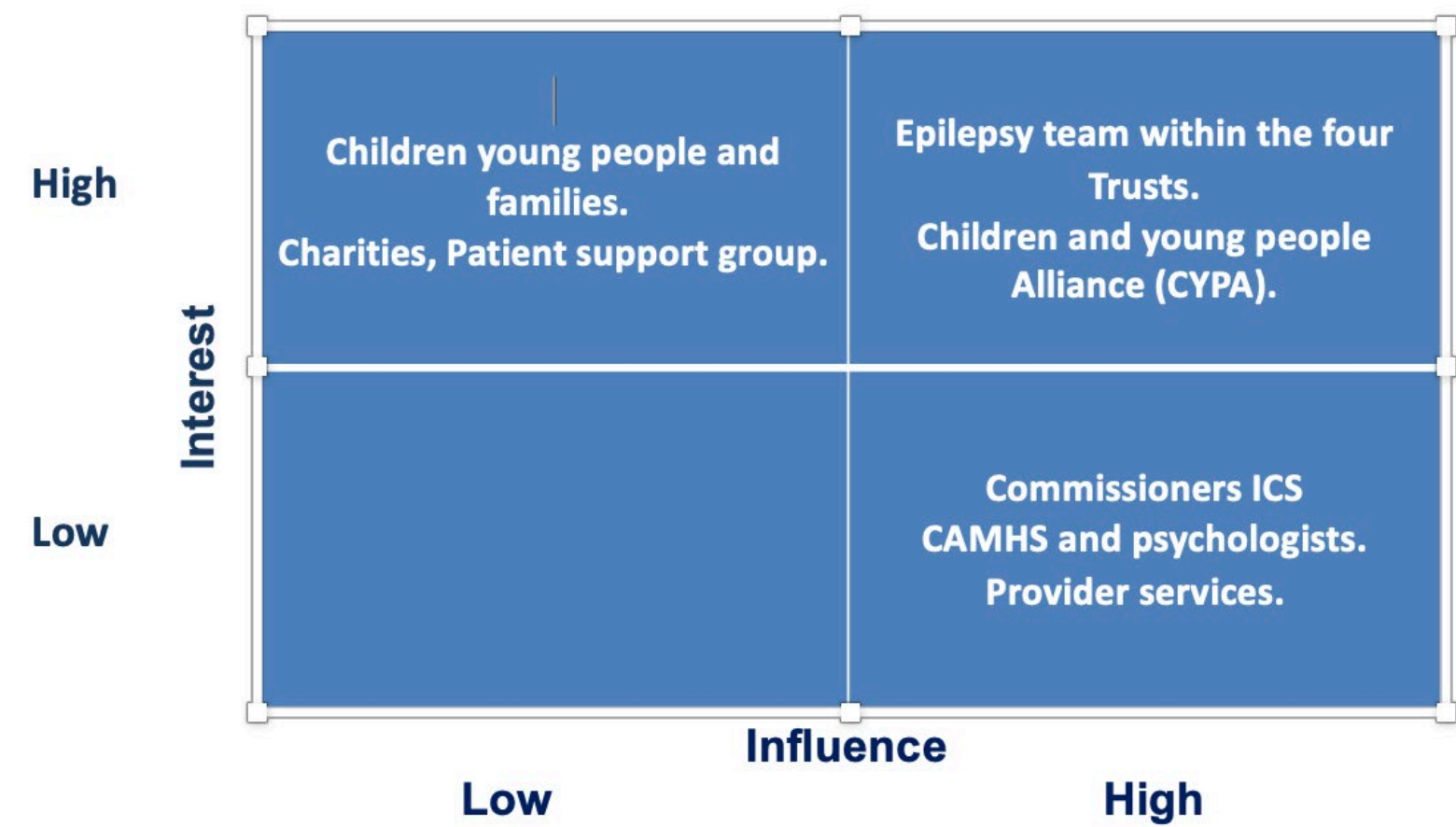
“It is well known that there is a higher incidence of mental health problems among children and young people with long-term health conditions. It is therefore important that routine screening becomes part of the assessment process within CYP Epilepsy Clinics, along with clear pathways of onward referral/appropriate support.”

## Driver Diagram

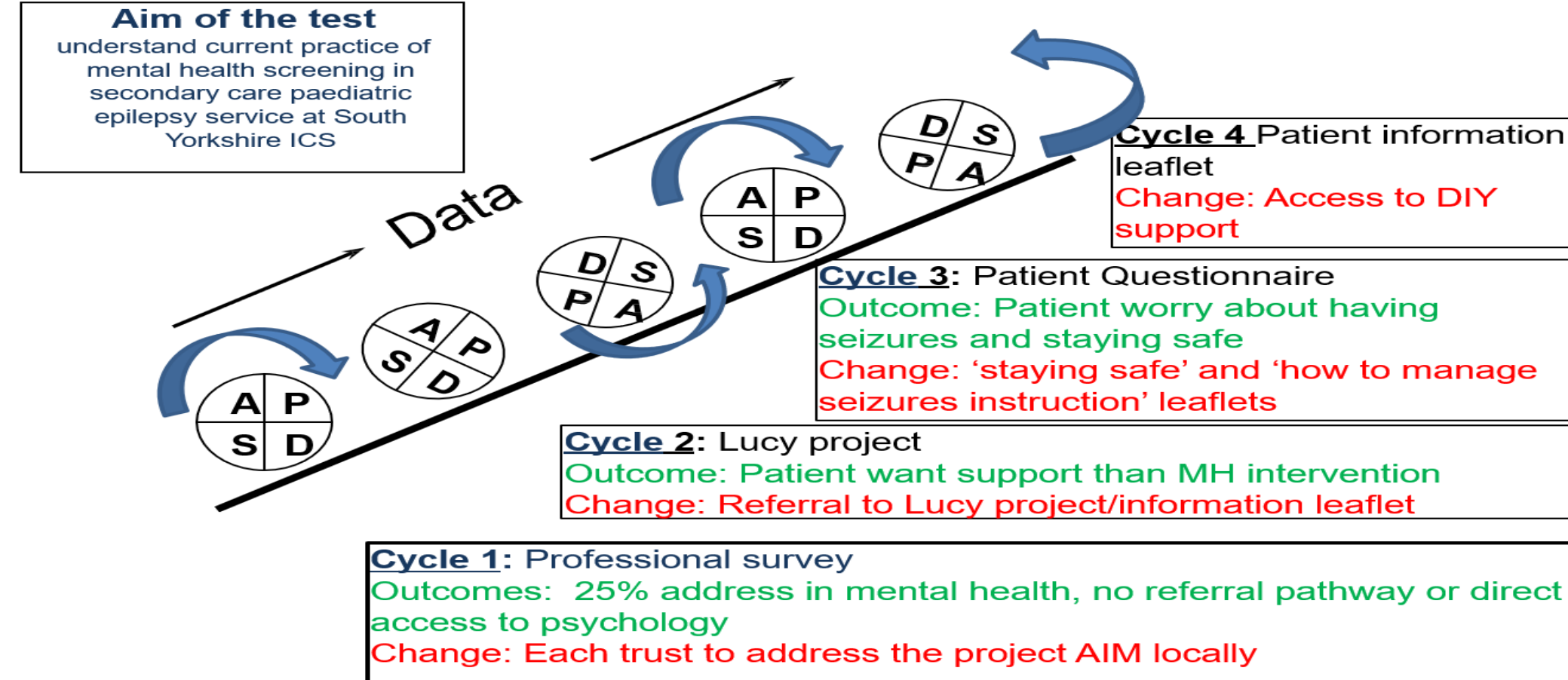


## Process map

## Stakeholder Map



## PDSA cycles



## What our tests revealed

- Mental health screening an overall average 25% in all areas.
- No standardised tool.
- No access to psychologists.

This is Travis, who's engagement was to give a resounding "No" when asked if he would be happy to complete a quick patient survey 😊 but he was very happy with his bug!



## Data/Results/Patient engagement feedback

- 6 leaflets handed-out to Lucy project on screening by consultant.
  - 3 self-referrals.
  - 1 Patient access to CBT.
- 16 patient questionnaires handed-out to patients
  - 9 patient questionnaires handed-out to patient by consultant
  - 7 patient questionnaires handed-out to patients by Nurse
  - More than 60% offered screening within 7 clinics in total.



## Team highlights

- Service improvement to support CYP mental health
  - Information leaflets directed towards patients needs rather perception of professionals
  - Access to voluntary organisations and support groups
  - DIY support provision
- Teams' engagement and enthusiasm to improve service provided.
  - Willingness to share information.
  - Strengthened communication among different teams.
  - Sharing good practice and experience.

## Successes/Challenges

### Successes

- Cross-Collaboration among different teams.
- Engagement with psychology service.
- Identification of available resources e.g. support groups and Lucy project
- Success from patient engagement by using 1 or 2 questions.
- Improved patient satisfaction and engagement.

### Challenges/Limitations

- Lost project lead in February.
- Working across wide geographic area (ICS area).
- Limited non-clinical capacity of SYB ICB EQIP members/unexpected staff sickness.

## Next steps

- Continue engagement with CAMHS and psychology service to strengthening current working practices, develop local referral arrangements/look at practicalities of MICE and be prepared for funding opportunities to expand services
- Adopt a screening tool like PAVES in the region ?national implementation
- Use outcomes from Barnsley pilot
- Continue progress with the epilepsy transformation program and embed mental health screening/support as part of routine epilepsy reviews
- To improve long term outcomes for CYP by addressing mental health
- Await national bundle of care for mental health & use as platform to focus local services