



## Student Representative, September 2022 Update

*Dear All,*

*As the pandemonium of Covid-19 begins to fade into the background and whilst many of us prepare to have our second booster, the widespread effects from the global pandemic are still vividly being felt by young people today. Sophia Garlick Bock's short reflective piece, featured within this month's issue, highlights the mental impact which Covid-19 is continuing to have on today's youth, and is an exceptional portrayal of how many members of society have been and currently are feeling. Covid-19 has undoubtedly affected us all, and children are no exception to this. An article by Temple et al, found towards the middle of this newsletter, shows the sheer impact that closing school had on adolescent development, substance misuse and mental wellbeing. Those of you wishing to learn more about the effects of Covid-19 on young people's health should check out both Temple et al's article, as well as the study by Bottle et al.*

*Following Aliese's introduction last month, I thought I would tell you a few things about myself. I'm Lauren, the new Student Rep who is taking over from Francesca. I am currently in my 5<sup>th</sup> of 6 years, having completed my pre-clinical years at the University of St Andrews, before moving to Manchester where I am currently based.*

*I'm excited for the upcoming months, especially the Adolescent Health Conference in November – be sure to book some study leave for then!*

*All the best,  
Lauren (student rep)*

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## Newsletter Update from the Editor

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health ([www.yphsig.org.uk](http://www.yphsig.org.uk))



Editor: Dr Janet E McDonagh  
Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology  
([janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)).

## Young People's Webwatch

 [https://www.jahonline.org/article/S1054-139X\(22\)00341-X/fulltext](https://www.jahonline.org/article/S1054-139X(22)00341-X/fulltext)

**Omnipresence** by Sophia Garlick Bock

A self-portrait from a 25-year-old young adult on their feelings they experienced in the last 2 years of COVID in our world

 <https://mysocieti.org.uk/>

A website designed by young people for young people who have been affected by Kawasaki's disease

## Professional Webwatch

 [www.ayph.org.uk](http://www.ayph.org.uk)

AYPH has introduced an Early Career Membership tier for individuals who are studying or who are in the first five years of their career in the field of young people's health. The cost of this discounted membership is just £25 +VAT for a year's membership to AYPH.

 <https://www.who.int/news-room/fact-sheets/detail/adolescents-health-risks-and-solutions>

**Adolescent and Young Adult health** (August 2022) fact sheet from WHO

 [www.thecomfortability.com](http://www.thecomfortability.com)


The US-based **Comfort Ability Program** helps children, young people and their families learn how to better manage chronic pain problems. The program teaches how pain works in the body and why skills rooted in psychology can help. The Comfort Ability Program offers workshops, health chats, newsletters, and other resources. The workshops take place at many sites throughout the United States, Canada, and Australia.


 <https://www.rcpch.ac.uk/resources/children-young-peoples-engagement-your-ics-integrated-care-systems>


**Children and young people's engagement in your Integrated Care Systems.** (June 2022) A leaflet developed by RCPCH&Us and the South Yorkshire & Bassetlaw ICS looking at how professionals can amplify children and young people's voices, work collaboratively and support meaningful engagement in Integrated Care Systems.


## Professional Bookshelf


 Bitencourt N, Lawson E, Bridges J, Carandang K, Chintagunta E, Chiraseveenuprapund P, DeQuattro K, Goh YI, Lee TC, Moore KF, Peterson RG, Roberts JE, Ronis T, Sadun RE, Smitherman EA, Stringer E, White PH, Chang JC; CARRA Transition Workgroup. Pediatric to Adult Transition Literature: Scoping Review and Rheumatology Research Prioritization Survey Results. *J Rheumatol.* 2022 Aug 1;jrheum.220262. doi: 10.3899/jrheum.220262. Online ahead of print.


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 Navein A, McTaggart J, Hodgson X, Shaw J, Hargreaves D, Gonzalez-Viana E, Mehmeti A. Effective healthcare communication with children and young people: a systematic review of barriers and facilitators. Arch Dis Child. 2022 Aug 25:archdischild-2022-324132. doi: 10.1136/archdischild-2022-324132. Online ahead of print.

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 Wheeler G, Mills N, Ankeny U, Howsley P, Bartlett C, Elphick H, Dimitri P. Meaningful involvement of children and young people in health technology development. J Med Eng Technol. 2022 Jul 19:1-10. doi: 10.1080/03091902.2022.2089252.

## Research

 [Develop and evaluate innovative methods to study adolescent health – UKRI](#)

MRC Funding opportunity to develop and evaluate innovative tools and methods for health and wellbeing research in older children and adolescents between eight and 18 years old. **Deadline for outline applications 27 October 2022**

## Forthcoming Dates for your Diary!

### 2022


<b>September</b>		
<b>5</b>	<b>Global Adolescent Health Course</b> Centre for Adolescent Health, Melbourne, Australia (8 week online course with 6 weeks of active teaching)	<a href="https://www.rch.org.au/cah/education_training/Professional_development/">https://www.rch.org.au/cah/education_training/Professional_development/</a>
<b>19</b>	<b>Conversations About Transition Training</b> Me first (via zoom)	<a href="http://www.mefirst.org.uk">www.mefirst.org.uk</a> Co-created and co-delivered by young people this training will help develop skills communicating with CYP about the transition to adult services.
<b>27</b>	<b>RCPCH How to manage: refugee and asylum- seeking children (online)</b>	<a href="https://www.rcpch.ac.uk/education-careers/courses/rcpch-course">https://www.rcpch.ac.uk/education-careers/courses/rcpch-course</a>
<b>October</b>		
<b>5-7</b>	<b>IAAH European Regional Conference Youth Development Challenges in the post COVID-19 era</b> Athens, Greece	<a href="https://www.iaah-athens2022.gr/">https://www.iaah-athens2022.gr/</a>
<b>November</b>		
<b>9-10</b>	<b>RCPCH YPHSIG and SAHM Adolescent Health conference</b> “Recoming of age”: Recalibrating and Moving Forward the Global Health Agenda for Young People Birmingham, UK Hybrid conference	<a href="https://www.rcpch.ac.uk/news-events/events/adolescent-health-conference-2022">https://www.rcpch.ac.uk/news-events/events/adolescent-health-conference-2022</a>  Abstract deadline extended to 18 August 2022
<b>December</b>		
<b>1-3</b>	<b>Excellence in Pediatrics 2022</b> Amsterdam Includes Adolescent Medicine	<a href="https://eip-pediatrics-conference.ineip.org/provisional_program">https://eip-pediatrics-conference.ineip.org/provisional_program</a>

### 2023

<b>March</b>		
<b>7-10</b>	<b>SAHM 2023 Annual Meeting Baltimore, USA</b> Collaborations in adolescent health: improving clinical care through translational science	<a href="https://www.adolescenthealth.org/Meetings/2023-Annual-Meeting.aspx">https://www.adolescenthealth.org/Meetings/2023-Annual-Meeting.aspx</a>  Deadline for submission on educational Proposals August 2016

19-25	International Adolescent Health Week 2023	<a href="https://www.internationaladolescenthealthweek.org/index.html">https://www.internationaladolescenthealthweek.org/index.html</a>
May		
23-25	RCPCH Annual Conference Glasgow	
August 12	United Nations International Youth Day	

### **YPHSIG: Young Persons Health Special Interest Group**

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to [www.yphsig.org.uk](http://www.yphsig.org.uk) and/or follow us on  @yphsig

### **AYPH: Association for Young People's Health**

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.ayph.org.uk](http://www.ayph.org.uk).

#### **Disclaimer**

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content*