



Secretaries and Convenor's Update, April 2022

As we write this Easter is nearly upon us and despite the weather, there are definitely signs of Spring! Congratulations to the winner of our Essay competition, Barbara Chow, we will be publishing her winning essay on our website soon.

There has been some really positive feedback from the Adolescent Masterclass conference held in Bristol at the end of March. We hope further masterclasses will be forthcoming.

There was also an amazing response to International Adolescent Health week, including some clever people who managed to get entire hospitals lit up in green! See the website for all the amazing work that was done and start preparing yourselves for next year! [international adolescent health week - International Adolescent Health Week](#)

The Association for Young People's Health has a new website which looks great and is well worth a look. The resources on the website are really informative and useful for including in day to day teaching in all our departments. [AYPH – Working to understand the health and wellbeing of young people.](#)

Best wishes

Hannah, Natasha and Vhari

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www.yphsig.org.uk/



Newsletter Update from the Editor

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)



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Young People's Webwatch

Know any aspiring occupational therapists?



https://www.youtube.com/watch?v=ayCFJ4e9_2A&ab_channel=EnvironmentalandLifeSciencesatSouthampton

Belinda Williams, Occupational Therapy (OT) Lecturer at the University of Southampton provides a talk, including tips and advice on preparing a occupational therapy UCAS application. Occupational Therapy students also share their experiences and perspectives on the application process.

Professional Webwatch



<https://beyondarts.org.uk>











Beyond Arts is a community interest company which aims to use art to break down taboos about cancer in the UK. Their projects empower young people who've experienced cancer to find their own language to communicate their experiences to others and together evolve the cancer narrative.



https://ayph.org.uk/wp-content/uploads/2022/03/AYPH_EthicsBriefingPaper_March22.pdf

Engaging young people in health services research and service design: a new look at ethical issues.
Briefing paper, March 2022

Professional Bookshelf

-  Coleman J The teacher and the teenage brain. Taylor & Francis ISBN 9781000390537 (2021)
-  Forrest CB, Schuchard J, Bruno C, Amaral S, Cox ED, Flynn KE, Hinds PS, Huang IC, Kappelman MD, Krishnan JA, Kumar RB, Lai JS, Paller AS, Phipatanakul W, Schanberg LE, Sumino K, Weitzman ER, Reeve BB. Self-Reported Health Outcomes of Children and Youth with 10 Chronic Diseases J Pediatr. 2022 Mar 2:S0022-3476(22)00173-1.
-  John AS, Jackson JL, Moons P, et al Advances in Managing Transition to Adulthood for Adolescents With Congenital Heart Disease: A Practical Approach to Transition Program Design: A Scientific Statement From the American Heart Association J Am Heart Assoc. 2022 Apr 5;11(7):e025278. doi: 10.1161/JAHA.122.025278. Epub 2022 Mar 17.
-  Kadoura B, Toulany A. Self-management for adolescents with fluctuating chronic disease: time for a more holistic approach. Arch Dis Child. 2022 Apr 1:archdischild-2021-323722. doi: 10.1136/archdischild-2021-323722. Online ahead of print.
-  Milner SH, Feltbower R, Absolom KL, Glaser A. Social outcomes after childhood illness: the missing measure. Arch Dis Child. 2022 Mar 31:archdischild-2021-323513. doi: 10.1136/archdischild-2021-323513. Online ahead of print.
-  Mori C, Park J, Temple JR, Madigan S. Are Youth Sexting Rates Still on the Rise? A Meta-analytic Update. J Adol Health 2022;Apr 70(4):531-539
-  Parekh-Hill NA, Wood D, Davis M, Farooq A, Segal TY. Please write to me, not about me: best practice in written communication with young people Arch Dis Child. 2022 Mar 15:archdischild-2021-323393. doi: 10.1136/archdischild-2021-323393. Online ahead of print.
-  Schraeder K, Allemang B, Felske AN, Scott CM, McBrien KA, Dimitropoulos G, Samuel S. Community based Primary Care for Adolescents and Young Adults Transitioning From Pediatric Specialty Care: Results from a Scoping Review. J Prim Care Community Health. 2022 Jan-Dec;13:21501319221084890. doi: 10.1177/21501319221084890
-  Siczekowska SM, Astley C, Marques IG, Iraha AY, Franco TC, Ihara BP, Martins Lavorato SS, Lindoso L, Demitrol Setoue DN, Tanigava NY, Campos LMA, Pereira RMR, Aikawa NE, Roschel H, Queiroz LB, Polanczyk GV, Silva CA, Gualano B. A home-based exercise program during COVID-19 pandemic: Perceptions and acceptability of juvenile systemic lupus erythematosus and juvenile idiopathic arthritis adolescents Lupus. 2022 Mar 9:9612033221083273
-  Wheeler R. Children's Confidentiality. Arch Dis Child. 2022 Apr;107(4):315-316. doi: 10.1136/archdischild-2021-322786. Epub 2021 Aug 2

Training in Young People's Health

 https://www.youtube.com/watch?app=desktop&v=FlwBUZn_k8Q


"The rollercoaster journey: the search for the light"

This short film, co-designed and co-produced with young people, allows you to experience what it feels like to be a young person having hospital treatment for chronic/persistent pain. Through their eyes, it takes you on their rollercoaster journey from beginning to end, showing you their path to recovery. The film is based on the results of a research study that had ethics approval. Twenty-one young people (aged 11-18 years-old) drew and described their personal experiences of having treatment for chronic/persistent pain. Their drawings resembled a rollercoaster ride with "ups and downs". While each narrative was unique, 'The rollercoaster journey' was a written metaphor that combined the stories of all those involved.

 www.e-lfh.org.uk

The Adolescent Health programme has been updated! Please continue to spread the word of this amazing resource for individual use as well small group teaching

Young people and Research

 <https://mrctcenter.org/news-events/advancing-international-pediatric-clinical-research-webinar-series/#1630077565289-9fe57907-5719>

Some interesting webinars from the Multi-regional Clinical Trials centre, Harvard, USA on involving CYP in healthcare research.


Forthcoming Dates for your Diary!

2022

May		
17	Sheffield Transition conference Sheffield Children's Hospital (virtual)	For further information please contact: scn-tr.transitionteam@nhs.net
June		
10	6 th Annual Renal Conditions Study Day <i>Moving on up together</i> University Southampton Hospitals (hybrid)	For more information and registration go to: www.readysteadygo.net/mout.html
15	6th National Transition Conference, UK <i>Transforming Transition: Turning Theory into practice</i> 9-445pm	For more information please contact Ann.ford@alderhey.nhs.uk Jacqui.rogers@alderhey.nhs.uk

	(TEAMS)	
28-20	RCPCH Conference 2022 <i>“Connect, Inspire, energise – celebrating Paediatrics and child health Together”</i> Liverpool	
July		
NEW 3-8	15th Euteach (European Teaching Effective Adolescent Care and Health) International Summer School, Lausanne, Switzerland	https://www.unil.ch/euteach/en/home/against/summer-school.html
August		
12	United Nations International Youth Day	International Youth Day is commemorated every year on 12 August, bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today’s global society.
October		
5-7	IAAH European Regional Conference Athens, Greece	***SAVE THE DATE*** More information to follow
November		
9-10	RCPCH Adolescent Health conference, UK	***SAVE THE DATE*** More information to follow

YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people’s health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk and/or follow us on @yphsig

AYPH: Association for Young People’s Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people’s health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content