



## Secretaries and Convenor's update, March 2022

Despite the storms and ongoing frosty temperatures Spring is upon us. We hope that everyone survived the long winter nights and managed to stay safe in the forever changing climates.

We're all feeling shocked and saddened by the news in Ukraine. We would like to highlight the Royal Colleges response on their page which details a variety of things that we can do to help. They have created a [prominent area on their website devoted to the Ukrainian crisis and will be developing a range of resources to help.](#)

On a brighter note it's nearly time for International Adolescent Health Week (20-26<sup>th</sup> March). It's not too late to get involved in your local departments, every little counts, from wearing a flash of lime green to lighting up your entire hospital. Check out the IAHW website for more ideas! This week provides the prime opportunity to advocate for Young People and shout about Adolescent medicine!

We would also like to highlight, 'The Cass Review', an interim report has just been published which is to be an independent review of Gender Identity Services for Children and Young people. <https://cass.independent-review.uk/publications/interim-report/>.

As ever YPHSIG is busy behind the scenes with the main focus for 2022 being the upcoming adolescent conference which will be in November 2022. This should be an incredible event, with many of the key note speakers confirmed already! Details to follow but if anyone is keen to get involved you still can. Please reach out to Tash (natasha.sauven1@nhs.net) or Vhari (vhariforsyth@googlemail.com) who can put you in touch with Najette.

Best Wishes,  
Hannah, Tash and Vhari

Follow us online:



@yphsig



www.facebook.com/YPHSIG/



www.yphsig.org.uk/



## Newsletter Update from the Editor

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health ([www.yphsig.org.uk](http://www.yphsig.org.uk))



Editor: Dr Janet E McDonagh  
Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology  
([janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)).

## Young People's Webwatch

 <https://www.bbc.co.uk/programmes/articles/5CMVJkhS4wGbzC1Ylmz3FxB/bbc-young-reporter-competition-2022>

Do you know any 11-18 year old aspiring journalists? Then let them know of the **BBC Young Reporter competition**. Deadline 27 March 2022

## Professional Webwatch

### Covid 19

 <https://www.nuffieldtrust.org.uk/public/files/2022-01/growing-problems/#1>

**Growing Problems: what has been the impact of Covid-19 on healthcare for children and young people in England?** Report from the Nuffield Trust and The Health Foundation Feb 2022

### Health Transition

 <https://www.canchild.ca/en/shop/6-transition-q>

**The TRANSITION-Q** is a new psychometrically sound and clinically meaningful scale that can be used in transition programmes with adolescents starting at 12 years of age to measure and track the development of skills they need to acquire to manage their health and healthcare. The content of the scale was designed to include a range of skills that vary from those that even young adolescents


should be able to do (e.g., answer a doctor's or nurse's questions) to skills that may require instruction or training (e.g., book a clinical appointment).

## Data on Young People's Health

 <https://ukhsa.koha-ptfs.co.uk/>

**Finding the evidence: child health. A guide to help people working in the health sector, identify evidence and information to inform decision-making on maternal, children and young people's health and well-being.** V2, Feb 2022 Report from the UK Health Security Agency

## Physical Activity

 <https://www.gov.uk/government/publications/physical-activity-guidelines-for-disabled-children-and-disabled-young-people-methodology/uk-chief-medical-officers-physical-activity-guidelines-for-disabled-children-and-disabled-young-people-methodology>

New co-produced physical activity guidelines for disabled children and young people.


## Youth Service Provision


 <https://www.ymca.org.uk/wp-content/uploads/2022/02/ymca-devalued-2022-1.pdf>

Devalued: A decade of cuts to youth services. A report from the YMCA examining local authority expenditure on youth services in England and Wales Feb 2022


## Professional Bookshelf


 Barrense-Dias Y, Chok L, Stadelmann S, Berchtold A, Suris JC. Sending One's Own Intimate Image: Sexting **among** Middle-School **Teens** J Sch Health. 2022 Feb 16. **doi:** 10.1111/josh.13137.

 Bonell C, Sundaram N, Viner RM. From crisis to opportunity: parents and schools can come together to prioritise student health and well-being. Arch Dis Child. 2022 Mar;107(3):e5. doi: 10.1136/archdischild-2021-322511.


 Buts S, Duncan M, Owen T, Martino D, Pringsheim T, Byrne S, McWilliams A, Murphy T, Malik O, Liang H, Heyman I, Hedderly T. Paediatric tic-like presentations during the COVID-19 pandemic. Arch Dis Child. 2022 Mar;107(3):e17. doi: 10.1136/archdischild-2021-323002.


 Chapman S, Hudson LD, Street KN. Restrictive eating disorders in children and young people: the role of the paediatrician and paediatric ward. Arch Dis Child. 2022 Feb 7:archdischild-2021-322745. Chapman S


 Dushnicky MJ, Scott J, McCauley D, Gorter JW, Beattie KA, Batthish. Transition us together: development of a parent centered toolkit to support adolescents with rheumatic disease transition to adult care. J Transition Medicine 2022;3(1): <https://www.degruyter.com/document/doi/10.1515/jtm-2021-0008/html>

 García-Rodríguez F, Raygoza-Cortez K, Moreno-Hernandez L, García-Pérez R, Garza Lopez LE, Arana-Guajardo AC, Jáquez-Quintana JO, Villarreal-Treviño AV, de la O-Cavazos ME, Rubio-Pérez N.


Outcomes of transitional care programs on adolescent chronic inflammatory systemic diseases: systematic review and meta-analyses. *Pediatr Rheumatol Online J.* 2022 Feb 17;20(1):15.


 Hu N, Fardell J, Wakefield CE, Marshall GM, Bell JC, Nassar N, Lingam R. School academic performance of children hospitalised with a chronic condition *Arch Dis Child.* 2022 Mar;107(3):289-296.d


 Hudson LD. Mental health of children and young people since the start of the pandemic. *Cluical child Psychology and Psychiatry* 2022;27:3-5  
<https://journals.sagepub.com/doi/10.1177/13591045211072721>


 Hudson LD, Chapman S, Street KN, Nicholls D, Roland D, Dubicka B, Gibson F, Mathews G, Viner RM. Increased admissions to paediatric wards with a primary mental health diagnosis: results of a survey of a network of eating disorder paediatricians in England *Arch Dis Child.* 2022 Mar;107(3):309-310.


 Kyeremateng R, Oguda L, Asemota O; International Society for Social Pediatrics and Child Health (ISSOP) COVID-19 Working Group. COVID-19 pandemic: health inequities in children and youth. *Arch Dis Child.* 2022 Mar;107(3):297-299.


 Lopes FV, Riumallo Herl CJ, Mackenbach JP, Van Ourti T. Patient cost-sharing, mental health care and inequalities: A population-based natural experiment at the transition to adulthood *Soc Sci Med.* 2022 Jan 29;296:114741. doi: 10.1016/j.socscimed.2022.114741.

 McGorry PD, Mei C, Chanen A, Hodges C, Alvarez-Jimenez M, Killackey E. Designing and scaling up integrated youth mental health care. *World Psychiatry.* 2022 Feb;21(1):61-76.

 Mughal F, Dikomitis L, Babatunde OO, Chew-Graham CA. The potential of general practice to support young people who self-harm: a narrative review. *BJGP Open.* 2022 Feb 9:BJGPO.2021.0159. doi: 10.3399/BJGPO.2021.0159. Online ahead of print.

 Newton HL, Picton HM, Friend AJ, Hayden CM, Brougham M, Cox R, Grandage V, Kwok-Williams M, Lane S, Mitchell RT, Skinner R, Wallace WH, Yeomanson D, Glaser AW; Children's Cancer and Leukaemia Group Late-effects Working Group. Inconsistencies in fertility preservation for young people with cancer in the UK. *Arch Dis Child.* 2022 Mar;107(3):265-270.

 Prendergast M, Kanella I, Milton-Jones H, Moula Z, Scott K, Shah R. Public health for paediatricians: 15-minute guide to identify and address food insecurity *Arch Dis Child Educ Pract Ed.* 2022 Feb 7:edpract-2021-322023.

 Preston J, Nafria B, Ohmer A, Gaillard S, Dicks P, West L, Turner MA. Developing a More Tailored Approach to Patient and Public Involvement with Children and Families in Pediatric Clinical Research: Lessons Learned. *Ther Innov Regul Sci.* 2022 Feb 19:1-16.

 Shahin S, DiRezze B, Ahmed S, Anaby D. Development and content validity of the youth and young-adult participation and environment measure (Y-PEM) *Disabil Rehabil.* 2022 Feb 3:1-13.

## Training in Young People's Health

 [https://www.youtube.com/watch?v=9XjyB9scaLg&ab\\_channel=CentreforEducationalNeuroscience](https://www.youtube.com/watch?v=9XjyB9scaLg&ab_channel=CentreforEducationalNeuroscience)

on line lecture from Sarah-Jayne Blakemore: Development of the social brain in adolescence & effects of social distancing (Feb 2022)

 [www.e-lfh.org.uk](http://www.e-lfh.org.uk)

The Adolescent Health programme has been updated! Please continue to spread the word of this amazing resource for individual use as well small group teaching

## Forthcoming Dates for your Diary!

### 2022

<b>March</b>		
<b>8</b>	<b>Royal College of Emergency Medicine</b> The Forgotten tribe: adolescents in the ED (virtual)	<a href="https://rcem.ac.uk/events/the-forgotten-tribe-adolescents-in-the-ed/">https://rcem.ac.uk/events/the-forgotten-tribe-adolescents-in-the-ed/</a>
<b>10</b>	<b>Social Prescribing Week</b>	<a href="https://www.socialprescribingnetwork.com/socialprescribingday">https://www.socialprescribingnetwork.com/socialprescribingday</a>
<b>20-26</b>	<b>International Adolescent Health Week</b>	<a href="https://internationaladolescenthealthweek.org/">https://internationaladolescenthealthweek.org/</a>
<b>31</b>	<b>Bristol Royal Hospital for Children</b> <i>Adolescent masterclass</i> A multiprofessional one day conference	Opportunities to present project/research with an adolescent focus available during the day. All bookings and queries to: FacultyOfChildrensNurseEducation@uhbw.nhs.uk
<b>May</b>		
<b>17</b>	<b>Sheffield Transition conference</b> Sheffield Children's Hospital (virtual)	For further information please contact: scn-tr.transitionteam@nhs.net
<b>June</b>		
<b>15</b>	6 <sup>th</sup> National Transition Conference, UK	For more information please contact Jacqui.rogers@alderhey.nhs.uk
<b>28-20</b>	<b>RCPCH Conference 2022</b> "Connect, Inspire, energise – celebrating Paediatrics and child health Together" Liverpool	
<b>July</b>		
<b>3-8</b>	<b>European Training in Effective adolescent care and health, Lausanne, Switzerland</b>	<a href="https://www.eu-teach.eu/">EuTEACH Summer School - EuTEACH (unil.ch)</a>
<b>August</b>		

<b>12</b>	<b>United Nations International Youth Day</b>	International Youth Day is commemorated every year on 12 August, bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today's global society.
<b>October</b>		
<b>5-7</b>	<b>IAAH European Regional Conference Athens, Greece</b>	<b>***SAVE THE DATE*** More information to follow</b>

### **YPHSIG: Young Persons Health Special Interest Group**

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to [www.yphsig.org.uk](http://www.yphsig.org.uk) and/or follow us on  @yphsig

### **AYPH: Association for Young People's Health**

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

#### **Disclaimer**

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content*