



Asking young people how the epilepsy service can support their wellbeing

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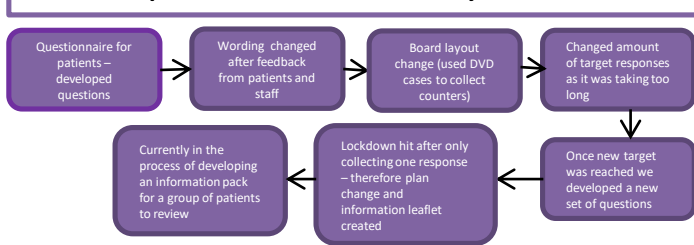
Aim/purpose:

To ask 50% of children aged 12-16 years with a diagnosis of epilepsy- without a learning difficulty – and their parents/carers attending paediatric epilepsy review clinic before the end of April 2020, how the epilepsy service can support their wellbeing.

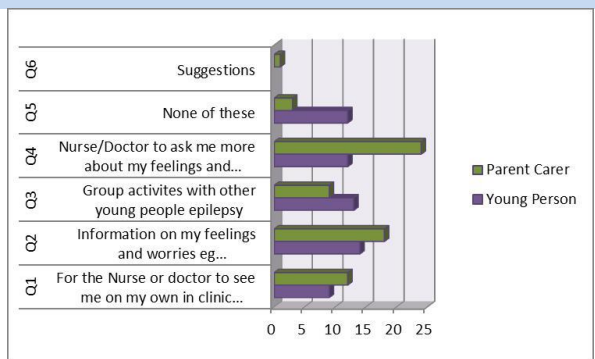
Background:

It is well documented that epilepsy has an impact on children and young people's emotional and mental health, however we did not know the significance of this on the young people we see in our epilepsy clinic as we did not have a standardised way to collect this information. We are aware of many different services available to support children and young people's emotional and mental health needs, but these differ between both of our local authorities. The team accepts there is an overall lack of knowledge in how to identify and assess patients that may require more of an involvement in terms of their mental health.

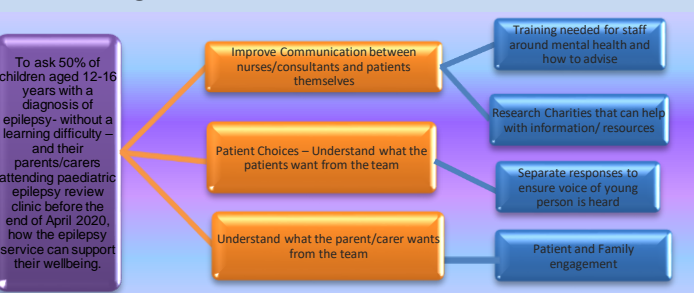
Our improvement Journey



Outcome Data



Driver Diagram



Qualitative Feedback from Families/Colleagues

- "make it more clear that the nurse/doctor will see you on your own for a small period during the consultation, not the entire time"
- "kids are protective of parents and might not discuss issues in front of parents so as not to worry them"
- "Leaflet is a really good idea and we need copies in clinic rooms"

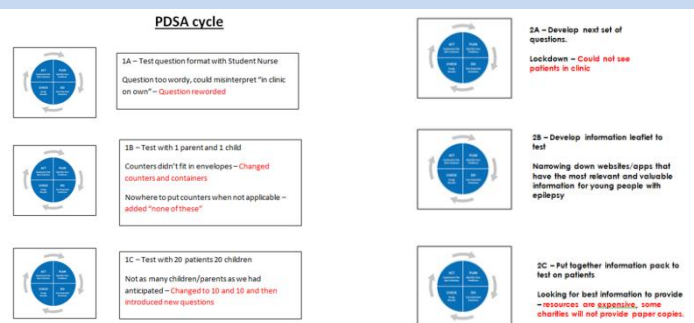
How did you diagnose the issue



Bright Spots/Challenges

- **Planning ahead of clinic to look for suitable patients**
- **Redesigning the board**
- **Unexpected results - gave us new perspective**
- **Information Leaflet was created**
- **Coordinating staff and the board**
- **Full team input**
- **Unexpected issues i.e. patients not attending clinic**

Your tests of change



Team personal learning/next steps

- Once face to face clinics are up and running again we need to meet as a team and discuss about continuing with this QI project as there is still much to learn about what Young People want from the service.
- Leaflet to be circulated among epilepsy team for use by young people.

