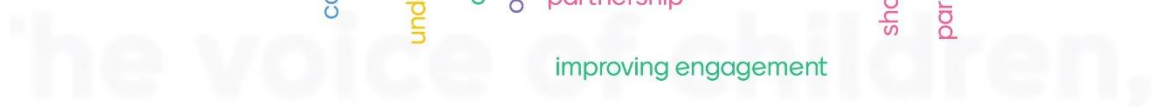


# Recipes for Engagement

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Emma Sparrow, Children and Young People's Engagement Manager



# What does it mean to other people?

## Children and young people's engagement

- CYP - fun, something different, having a say, making a difference, getting married young
- Engagement worker - active, a right, a process, planned, different for each CYP, art and science, impact
- Theory - two way process, listening and action, creating benefits for all
- Research- where information and knowledge about research is provided and disseminated



# What does it mean to other people?

Engagement/Involvement  
/Voice /PPI /PPIE/PPE/  
PPV/Participation ...  
so many terms!

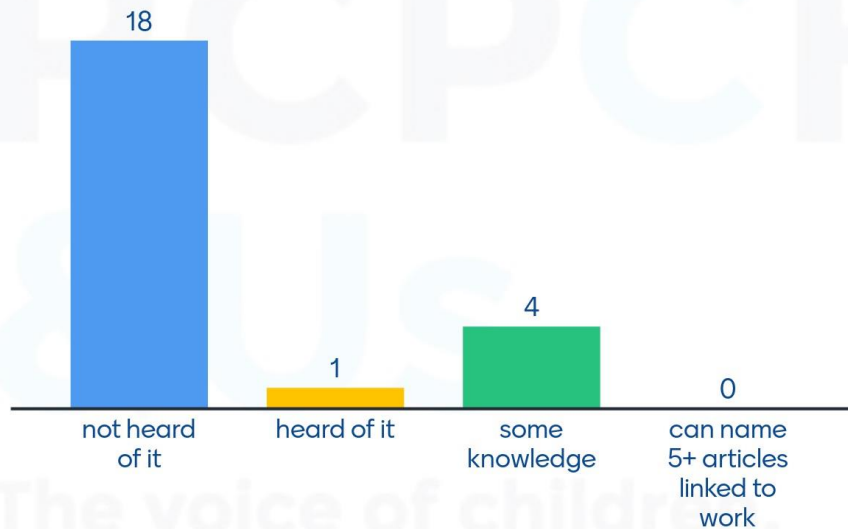
The voice of children,  
young people and families





# What does the UNCRC mean to you?

## The UNCRC...



# It all starts with rights

## UNITED NATIONS RIGHTS OF THE CHILD

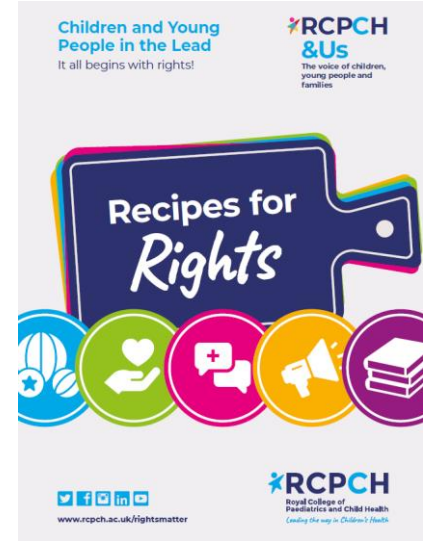
### ARTICLE 12 THE VIEWS OF THE CHILD

Every child has the right to say what they think in all decisions affecting them, and to have their views taken seriously.

## UNITED NATIONS RIGHTS OF THE CHILD

### ARTICLE 24 HEALTH AND HEALTH SERVICES

Children have the right to good quality health care – the best health care possible – to safe drinking water, nutritious food, a clean and safe environment, and information to help them stay healthy. Rich countries should help poorer countries achieve this.



Articles 12, 23, 24, 28 & 31 + your rights to the best services

# What matters to me: youth friendly services



## Priorities for children and young people

- Parity of esteem for mental health with physical health: awareness, access and support
- Creating child and young people friendly health services with skilled staff
- Ensuring children and young people have access to the support they need in accessible and inclusive ways including online and during a pandemic
- Increasing awareness and understanding of children's rights in a health context: awareness, consent and confidentiality

The voice of children,  
young people and families





# What matters to me: youth friendly services



[Watch the video](#)

# Making it Make a Difference

“

My wish for child health is that children and young people are given the power and tools to make decisions that affect their lives. The only way to know what we want is to ask us and talk to us.

”

- RCPCH &Us young person

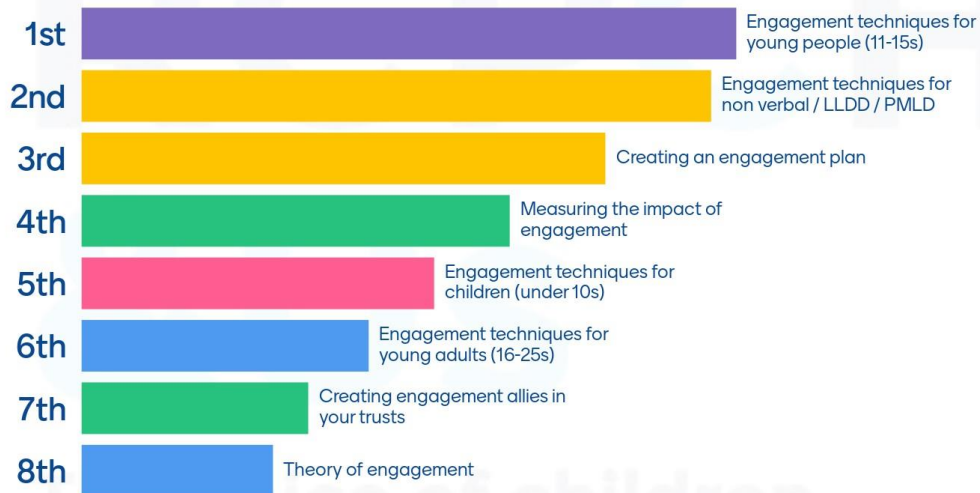
Be our [rights champion](#) to help us have our voices heard



@RCPCH\_and\_us

# Over to you!

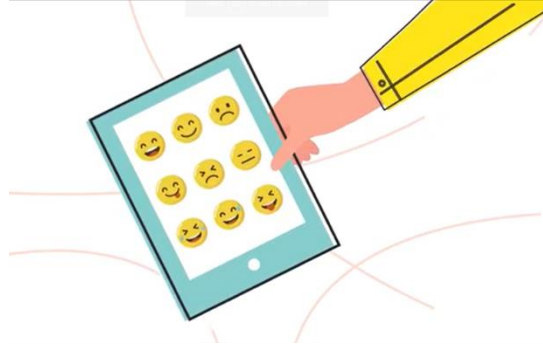
## What would you like to know more about?



26



# More support



Questions, comments, requests:  
[and\\_us@rcpch.ac.uk](mailto:and_us@rcpch.ac.uk)

60+ free online resources to support  
children and young people in their  
health journey / involvement  
[www.rcpch.ac.uk/and\\_us](http://www.rcpch.ac.uk/and_us)

Free resources /support through the  
Engagement Collaborative  
Sign up at  
[www.rcpch.ac.uk/join-engagement-collaborative](http://www.rcpch.ac.uk/join-engagement-collaborative)