



HINCHINGSBROOKE HOSPITAL DIABETES TEAM QI PROJECT

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Our Purpose

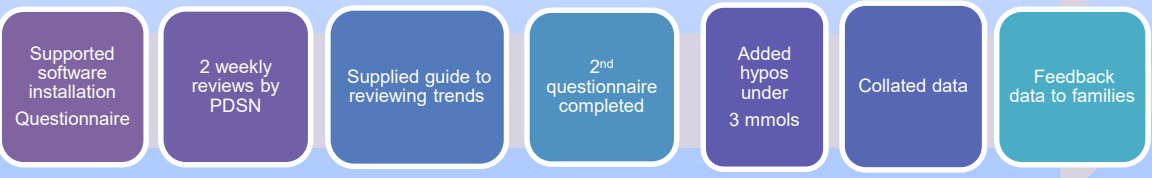
To improve education and self management skills for children aged 8-12 years to improve time in target range and HbA1c

Our QI Journey

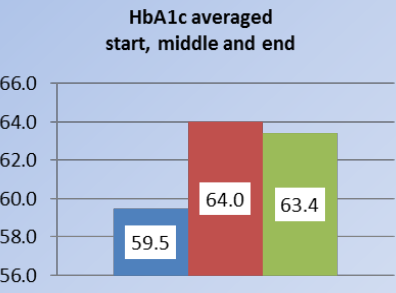
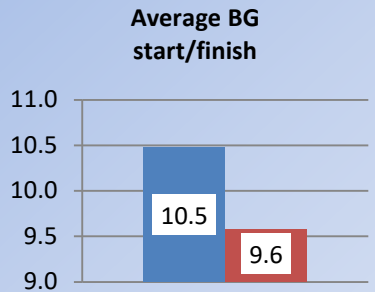
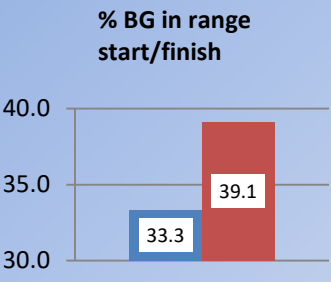
Structured education



Downloading



Outcome data



Structured education

20% of children attended the carbohydrate workshop – all positive feedback

Feedback from parents

- 50% reported more confidence in identifying patterns in BGs
 - Most parents still want support/reassurance when dose adjusting
- "It has been extremely helpful"*
"Will set up reminders to download"
"not sure would download 2 weekly"
"time constraints... very busy"

What have we learnt?

- Change requires a team effort!
- We now work more cohesively
- Difficult to maintain momentum; families and staff
- Team members need to be flexible in their approach to interventions
- Important to allocate sufficient team time
- Quality improvement requires structured approach to keep on track and is an evolving process

Further actions...

- Final patient questionnaire.
- Coffee morning for families to share outcomes
- Downloading station
- Rolling structured education programme to continue
- Dosage adjustment guide

